Preparation Guide

Verbal Analysis

This preparation guide helps you to prepare for verbal analysis aptitude tests. It provides guidance on how best to approach the test, allowing you to give your best possible performance.

Why are Aptitude Tests used?

Employers often use aptitude tests as part of their assessment procedures for the selection and development of staff. Research has shown that they are powerful predictors of performance at work.

Tests help you to:
- demonstrate your strengths
- be assessed fairly on job relevant criteria
- find out more about your strengths and development needs
- make future career decisions based on your abilities

Tests help employers to:
- select people best suited to the demands of the job
- identify areas where individuals might benefit from further development
- obtain objective information about people’s abilities

Instructions

On the following pages are some practice questions that are similar to those you will be presented with in the actual test. Completing these will help you to understand the types of questions used and to gain experience in taking ability tests.

These questions are designed to assess your ability to understand written information. You will be presented with a series of text passages, each followed by several questions. Your task is to choose the best answer to each question from the options given based only on the information provided.

Have a pen and paper to hand to indicate your answers and make notes.

The actual test is strictly timed. Try to complete each set of 4 questions within 3 minutes.

Turn to page 2 and begin.
Sticking to traditional eating times and formal eating habits is no longer the norm for most people. The prevalence of eating on-the-go, both snacks and meals, is increasing significantly. The three meals a day maxim no longer holds true because more consumers are eating outside of the home and at times to suit their lifestyles. Breakfast, in particular, is now more commonly skipped and those who do eat breakfast are taking less time to prepare it. Consumers are developing more complex and paradoxical eating patterns and demanding products that are more convenient and healthier, i.e., guilt-free indulgence.

1. Eating ‘on-the-go’ is an increasingly common habit.
   - A True on the basis of the passage
   - B False on the basis of the passage
   - C Not possible to say if the statement is true or false on the basis of the passage

2. Which one of the following would meet the emerging consumer demands described?
   - A Breakfast clubs
   - B Cooking lessons
   - C Healthy snacks
   - D Nutritional advice

3. Which one of the following provides the best summary of the main point of the passage?
   - A Eating habits have changed
   - B Manufacturers need to produce healthier food
   - C Meals and snacks need to be quick to prepare
   - D People want to be able to eat quickly

4. Most people do not have time to eat breakfast in the morning.
   - A True on the basis of the passage
   - B False on the basis of the passage
   - C Not possible to say if the statement is true or false on the basis of the passage
According to Lesley Kim, which one of the following should a ‘good leader’ do?

A  Allocate blame for team failures  
B  Create a collective sense of achievement  
C  Hand over power completely  
D  Keep pursuing projects, even if they are failing

According to Chapter 7, leaders often overlook individual success in order to achieve a common goal.

A  True on the basis of the passage  
B  False on the basis of the passage  
C  Not possible to say if the statement is true or false on the basis of the passage

Which one of the following provides the best summary of the common ground between the quotation and the chapter?

A  A leader should guide the work of individuals  
B  Effective leadership depends on the charisma of the leader  
C  Leaders should bring individuals together  
D  Most leaders are ineffective

Which passage is overtly critical of leaders?

A  Lesley Kim’s quotation only  
B  Chapter 7 only  
C  Both Lesley Kim’s quotation and Chapter 7  
D  Neither Lesley Kim’s quotation nor Chapter 7
Your Test

Try to answer any questions you did not reach in the time limit before checking your answers.

Checking your Answers

Check your answers against the correct answers at the bottom of this page. Look at any questions you got wrong and try to understand how to arrive at the correct answer. Keep in mind that most aptitude tests are designed to increase in difficulty and that people typically do not complete all the questions within the time limit. If you took much longer than 6 minutes to answer the questions, try to speed up your work rate. If you finished all of the questions within the time limit but made many mistakes, try focusing on the accuracy of your responses.

Improving your Verbal Abilities

Some tips for improving verbal abilities are provided below:

- When you read newspapers and articles, try to establish the main points.
- Look up the meaning of unfamiliar words.
- Read passages of text and pick out the key details.
- Compare written arguments, looking for similarities and differences between them.
- Look at something you have written and rewrite it more concisely.

Before the Session

- Follow the suggestions given in this preparation guide.
- Get a good night’s sleep before the test session.
- Make sure you are wearing or bring with you glasses, contact lenses, hearing aids or anything else you may require for the session.
- If you have any special requirements, such as larger print versions of the test, specific lighting or seating needs, it is important that you make these known as soon as possible prior to the session to allow for appropriate accommodations to be made.

During the Test

- Try to stay calm; using the practice tips provided should help you feel more at ease.
- Follow the instructions carefully, and ask questions if you are not sure of anything before the test starts.
- Read each question carefully.
- Work as fast as you can. Do not spend too much time on any one question.
- If you find a question too difficult or are unsure of an answer indicate your best choice and move on quickly.
- After completing a test always seek feedback. It is much easier to improve your abilities if you know how well you have done.

Good luck in your test session. We wish you every success in your career.